

WHY STAR

Benefits for Students

Sharper Focus & Time Management - Learn to plan, prioritise, and stay on track.

Better Communication & Leadership - Speak with confidence and collaborate with ease.

Stronger Emotional Balance - Handle stress, peer pressure, and setbacks.

Goal Clarity & Personal Discipline - Set meaningful goals and stick to them.

More Self-Belief & Resilience - Build a growth mindset and bounce back stronger.

ABOUT EXCELLEDGE

Satya and Gokul were united by a shared vision: to empower students and professionals navigating the complexities of career planning. Recognizing the urgent need for effective guidance in an increasingly competitive environment, they established Excelledge as a platform to provide practical, relatable training

OUR VISION

To transform lives through comprehensive training programs that inspire, educate, and empower individuals from all walks of life

OUR MISSION

To equip students with essential life skills and effective study techniques, fostering resilience and self-management

Benefits for Your Institution

Aligned With NEP & CBSE Values Education - Supports 21st-century skills and SEWA goals.

Fits Into Academic Calendar - Flexible formats—weekly, monthly, or term-wise.

Boosts School Reputation - Demonstrates commitment to holistic education.

Visible Improvement in Student Conduct - Reduces discipline issues, increases participation.

Ready-To-Run, Low Effort for Staff - We handle content, delivery, and engagement.

Contact Us for a Free Interactive Demo

78933 17104

98491 44423

satya@excelledge.in

gokul@excelledge.in

401, Megha Sai Towers, Karthikeya Nagar,
Nacharam, Hyderabad – 500076

Visit our website for more info
<https://www.excelledge.in>



EXCELLEDGE
UNLOCK YOUR GROWTH POTENTIAL

STAR

**Step Towards Achieving Results
Programme**



A structured, multi-tier life skills development programme designed to empower students from Classes 5 to 10. The programme aims to build core behavioural, emotional, and academic skills necessary for holistic success. STAR supports schools in embedding value-based learning and real-world readiness into their academic ecosystem, aligned with the vision of NEP 2020.

STAR Foundation

Focused Life Skills Training

STAR Growth

Build Habits Over Time

STAR Transform

Empower for Life

Ideal for:

Schools looking for short-term, high-impact enrichment

Ideal for:

Schools seeking gradual student development with spaced delivery that turn awareness into habits

Ideal for:

Institutions seeking immersive, long-term mentorship for student's behavioural transformation

Key Highlights:

- Designed for Classes 5–10
- 3 high-impact topics per class per year
- Workshop style
- High flexibility – choose topics/class
- Customisation – topic replacement
- Zero admin or follow-up needed from school
- Practice tools – worksheets only
- Certificate

Key Highlights:

- Designed for Classes 5–10
- 12–18 sessions over 3-6 months
- Progressive micro-sessions (weekly/bi-weekly)
- High flexibility – choose pace & schedule
- Customisation – topic replacement
- Teachers' involvement – optional
- Practice tools – worksheets & reflection
- Certificate

Key Highlights:

- Designed for Classes 5–10
- 20–24 sessions across the year
- Structured sessions + mentoring + journaling
- Moderate flexibility – structure-driven, scalable
- Customisation – add-on topics & duration extensions
- Active teacher + parent involvement
- Practice tools – journaling, reflection, habit tracking
- Certificate

Why Choose This?

When you want strong life skill exposure without long-term scheduling impact.

Why Choose This?

When you want engagement and development without overwhelming students or teachers.

Why Choose This?

When you want to shape students for life, not just school

Recommended Topics

GOOD PERSON AND FRIEND 5th Class

Session 1

The Power of Respect

Treating others with kindness, listening, and showing care can build stronger friendships and a happier school life

1 Hour

Session 2

Honesty: The Bravest Choice

Telling the truth builds trust, makes life simpler, and helps everyone feel safe and respected

1 Hour

Session 3

The Magic of Being Nice

Learn how small acts of kindness create big smiles and make the world a friendlier place

1 Hour

RESPONSIBLE AND WORKING TOGETHER 6th Class

Session 1

Owning My Actions

Understand how being responsible builds confidence and shows that others can count on you

1 Hour

Session 2

Better Together

Helping, listening, and working with others can turn any challenge into a shared success

1 Hour

Session 3

Power of Paying Attention

Simple ways to avoid distractions and stay focused on tasks, both in class and at home

1 Hour

KNOWING SELF AND SOCIAL WORLD 7th Class

Session 1

I Believe in Me

Discover the power of believing in yourself and how it helps you take on challenges with courage

1 Hour

Session 2

Walk in Their Shoes

Learn how to understand others' feelings, be more caring, and build stronger, more meaningful connections

1 Hour

Session 3

Owning It!

Understand why taking responsibility for your choices shows strength and builds trust with others

1 Hour

SELF INTROSPECTION 8th Class

Session 1

Strength Unleashed

Discover your unique strengths, identify growth areas, and unlock your full potential with a personal SWOT analysis

3 Hours

Session 2

Blueprint for Success

Map out a clear path to your dreams, transforming your aspirations into achievable, actionable goals

3 Hours

Session 3

The Balanced Student

Learn to handle time like a pro, bringing harmony to your hectic & chaotic schedule and clarity to your goals

3 Hours

SELF DEVELOPMENT 9th Class

Session 1

Career Compass

A foundational session that explores diverse career possibilities, providing guidance to align interests with the right path

3 Hours

Session 2

Beyond Limits

Tap into the power of the subconscious mind to form habits that set you up for lasting success

3 Hours

Session 3

Learn to Learn

Approach studying with confidence and purpose, turning challenges into opportunities for growth and understanding

3 Hours

SELF DEMONSTRATION 10th Class

Session 1

Stand Out

Gain tools to captivate your audience and present with confidence, making every presentation an unforgettable one

6 Hours

Session 2

Stay Smart, Stay Safe Online

Navigate the digital world with confidence by learning essential safety practices and respectful online behaviour

3 Hours